

WATER GAMES

Drip, Drip, Splash

Items needed

- Plastic cup
- Water
- Bucket

How to play

This is like "Duck, Duck Goose" but wetter. All the players, except the first person who is 'In', sit in a circle. The 'in' person walks around the circle, dripping a tiny amount of water on each player's head each time until he/she decides to tip the rest of the cup on one player. That person becomes the goose and runs after 'In', trying to tag him/her before 'In' can take his seat. If 'in' successfully reaches that player's seat without being tagged, the person who was chosen is the new 'in'. If the goose tags 'in', then the goose keeps his spot in the circle and 'in' must either continue to be it for another turn or sit in the middle of the circle until someone else is tagged.

Water Relay

Items needed

- Sponges
- Bucket
- Water

How to play

Divide your children into equal teams of approx 4 or more.

The goal for each group and each participant is to soak their sponge in the bucket filled with water and then run to the bucket or cup that is across from that bucket and squeeze as much water as they can from their sponge into the empty bucket/cup. The winner is the first group/participant to fill their cup/bucket (or fill it to a certain line.) Have participants skip, jump, walk/run backwards, do lunges or other types of movements to get from one bucket to the other.

Target Practice

Items needed

- Plastic bottle with a 5cm hole cut in front
- Goggles
- Water guns
- Water
- Bucket

How to play

Split your children into groups of two or more. Each group assigns a target holder, this person will wear goggles and hold the plastic bottle with the hole on their head. The rest of the team must stand an assigned distance away from the target. When a leader yells "go" they must use their water gun to fill up as much of their bottle as possible. This can be a race to a certain line on the bottle, or all race for a set time to see who can get the most water in.